

Dublin Soccer League HSSA Program



High School Soccer Assn. U-19 Age Group Description

TO BE USED IN CONJUNCTION WITH THE PROGRAM HANDBOOK

Players on field (x 2): 11

Minimum # on field: 7

Total Players on Team: 16 – 22

Referees: 2

Ball Size: 5

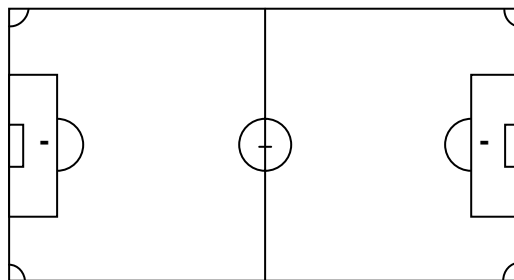
Minimum playing time: 50% of each game (minimum),
except when injured

Substitutions: At normal FIFA times (at half, at kickoffs, goal kicks, your throw-in*) and in
cases of injury

*If a player for the opposing team is at the mid-field point waiting to be a substitute when the team that is awarded a throw-in has a substitute to enter the game, the substitute for the opposing team may also enter the game. If the team that has been awarded a throw-in does not have a substitute, then neither team may substitute a player.

Duration of game: 35 minute halves
5 minutes half-time
75 minutes total time

Travel: Teams travel approximately 12% of their schedule



65 x 100 yards recommended up to 75 x 115 yards

Goals: 24 ft. wide x 8 ft. high

10 yard radius center circle 1 yard radius corner arcs

Goal area: 20' x 6' Penalty area: 44' x 18'

Penalty spot 12 yds. from goal line

Rules: All FIFA rules apply, not Ohio High School Athletic Association (OHSAA).

EXCEPTION: slide tackling is prohibited – Direct kick awarded

Yellow cards do not require substitution.

Special Rules: To protect players from violating OHSAA rules, no high school team members (freshman, JV or Varsity) may play on a HSSA recreation team during their school season and the total number of players must not exceed five girls and five boys from a single school at any time.

No player may play on a select or club team and a HSSA team during the same season.

There must be no more than nine boys on the field at a time.

A player may play for another team in addition to the one on which they are assigned if: (a) a team is short players; (b) both game coaches agree; and (c) the player's assigned team coach, if available, gives permission.

Concept: HSSA provides an opportunity for players to continue to participate in and enjoy the game of soccer. Players often have a preference for a specific position. Emphasis is on play and exercise, not practice.

Coaches: Coaches are to encourage teamwork, having fun and safety through mutual respect and skilled play.

No one may enter the field of play without permission of the referee.

Do not argue with the referee. You may talk to the referee at half-time or after the game.

Problems: Contact the DSL office.

- **HSSA scheduled and administered by the Columbus East Soccer Association (CESA).**
- **Game scores may be reported to DSL or the HSSA league office (CESA) for spring seeding.**

HSSA